## הכינוס השנתי ה-67 של האגודה הישראלית לחקר הפוריות (איל״ה) 12 במאי 2025, מלון דיוויד אינטרקונטיננטל, תל אביב



Hila Shalev-Ram, M.D.,a,b Anat Hershko Klement, M.D.,c,d Einat Haikin-Herzberger, M.D.,a,b Roni Rahav-Koren, M.D.,a,b Amir Wiser, M.D.,a,b and Netanella Miller, M.D.a,b,e

a IVF Unit, Department of Obstetrics and Gynecology, Meir Medical Center, Kfar Saba, Israel; b School of Medical and Health Sciences, Tel Aviv University, Tel Aviv, Israel; c Department of Obstetrics and Gynecology, Hadassah

Mount Scopus Medical Center, Jerusalem, Israel; d Department of Obstetrics and Gynecology, Faculty of Jerusalem, Israel; and e Department of Obstetrics and Gynecology, Mayanei Hayeshua Medical Center, Bnei Brak, Israel

### **Objective**

To study the perinatal outcomes of children born from different conception methods: in vitro fertilization (IVF) with

autologous oocytes or IVF with donor egg vs. those conceived without medical assistance by using a sibling analysis.

האגודה הישראלית לחקר הפוריות (איל"ה) THE ISRAEL FERTILITY ASSOCIATION (IFA)

الجمعية الإسرائيلية لأبحاث الخصوبة

### Design

- Retrospective cohort study from 2000 through 2018, of a national healthcare organization.
- The cohort included mothers who had 2 pregnancies and their children.
- Cohort A compared women with 2 medically unassisted conceptions with those with an unassisted first conception followed by an IVF conception.
- Cohort B compared women with 2 medically unassisted conceptions with those with an unassisted conception followed by a second pregnancy from oocyte donation.
- Perinatal outcomes, including small for gestational age (SGA) and preterm birth (PTB) at <37 weeks, were investigated.

The secondary outcomes included low birth weight, very low birth weight, and large for gestational age (LGA).

### Results

Background characteristics of the mothers and their children from cohort A (2 medically unassisted vs. unassisted + in vitro fertilization) and cohort B (2 medically unassisted vs. unassisted + donor egg).

Cohort A

Cohort B

Variable <sup>a</sup>	CONDICA					
	2  unassisted (N = 1,080)	Unassisted + IVF $(N = 1,080)$	<b>P</b> value	2 unassisted (N = 94)	Unassisted + donor egg $(N = 94)$	<b>P</b> value
Mother's age at the first conception	$29.4\pm4.5$	32.7 ± 4.6	.001	29.8 ± 4.7	38 ± 4.1	.001
Mother's age at the second conception	32.8 ± 5	37.2 ± 4.3	.001	33.3 ± 4.7	43.4 ± 3.9	.001
Socioeconomic status	$6.4 \pm 2$	6.8 ± 1.8	.001	$6.4 \pm 2.1$	7.6±1.4	.001
BMI at the first conception	$24.7\pm5.3$	25.5 ± 6.1	.042	25.2 ± 5.4	24.7 ± 4.3	.720
BMI at the second conception	25 ± 5	26.3 ± 6.2	.002	$26.2 \pm 6.3$	25.6 ± 5.2	.270
Sex of first-born child (male)	578 (53.5%)	532 (49.3%)	.102	55 (58.5%)	44 (46.8%)	.150
Sex of second-born child (male)	566 (52.4%)	553 (51.2%)	.366	47 (50%)	45 (47.8%)	.880
Note: $BMI = body mass index; N$ <sup>a</sup> Data are presented as means $\pm$		(%).				

Perinatal outcomes of the second child from cohort A (2 medically unassisted pregnancies vs. unassisted followed by in vitro fertilization) and cohort B (2 unassisted pregnancies vs. unassisted followed by egg donation).

	Cohort A					
Variable from the second conception <sup>a</sup>	2  unassisted (N = 1,080)	Unassisted + IVF $(N = 1,080)$	<b>P</b> value	2 unassisted (N = 94)	Unassisted + donor egg $(N = 94)$	<b>P</b> value

GA (wk) at delivery GA (wk) at <37 wk	39.1 ± 1.4 37 (3.5%)	38.1 ± 2.1 129 (12%)	.001 .001	39.2 ± 1.8 2 (2%)	38.5 ± 1.9 6 (6.4%)	.150 .520	
Birth weight (g)	$3,309.6 \pm 448.5$	$3,095 \pm 559.5$	.001	$3,371.4 \pm 517.7$	$3,234 \pm 556.2$	.830	
Birth weight (g) of <1,500 g	1 (0.09%)	19 (1.8%)	.002	1 (1.1%)	1 (1.1%)	.990	
Birth weight (g) of <2,500 g	37 (3.5%)	126 (11.7%)	.001	3 (3.2%)	6 (6.4%)	.530	
Small for gestational age	36 (3.4%)	58 (5.4%)	.048	3 (3.3%)	3 (3.2%)	.320	
Large for gestational age	129 (12%)	118 (11%)	.044	15 (16.5%)	22 (24%)	.020	
Note: $GA = gestational age; IVF = in vitro fertilization.$ <sup>a</sup> Data are presented as means $\pm$ standard deviations or n (%).							

#### Conclusion

IVF pregnancies with autologous eggs are more susceptible to PTB, low birth weight, very low birth weight, and SGA, whereas donor egg pregnancies appear relatively unaffected, except for the higher rate of LGA.

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